

Percent of Medicare Eligible in North Carolina enrolled in MA Plans*, by County and Type of Plan March 2025

<i>County</i>	<i>State</i>	<i>Metro Rural**</i>	<i>Medicare Eligibles</i>	<i>Percent Enrolled in MA+ Prepaid</i>	<i>Percent Enrolled in MA</i>	<i>Percent Enrolled in PFFS</i>	<i>Percent Enrolled in HMO POS</i>	<i>Percent Enrolled in PPOs</i>
Alamance	NC	Metro	35,690	75.0%	74.5%	0.0%	41.0%	33.4%
Alexander	NC	Metro	8,328	69.4%	68.9%	0.0%	48.1%	20.7%
Alleghany	NC	Rural	3,644	56.7%	56.0%	0.0%	23.8%	32.1%
Anson	NC	Metro	5,378	68.3%	67.7%	0.0%	39.5%	28.2%
Ashe	NC	Rural	8,242	50.0%	49.6%	0.0%	21.2%	28.5%
Avery	NC	Rural	4,960	51.4%	50.4%	0.7%	23.1%	26.6%
Beaufort	NC	Micro	13,815	56.4%	56.1%	0.0%	22.0%	34.1%
Bertie	NC	Rural	5,272	58.2%	57.9%	0.0%	27.5%	30.3%
Bladen	NC	Rural	7,738	69.0%	68.8%	0.0%	32.3%	36.4%
Brunswick	NC	Metro	61,359	45.2%	45.0%	0.0%	15.6%	29.4%
Buncombe	NC	Metro	62,354	51.4%	51.0%	0.3%	27.7%	22.9%
Burke	NC	Metro	21,116	67.5%	67.2%	0.0%	38.6%	28.5%
Cabarrus	NC	Metro	36,379	66.5%	66.1%	0.0%	44.6%	21.5%
Caldwell	NC	Metro	19,774	69.4%	69.0%	0.0%	38.6%	30.4%
Camden	NC	Metro	2,104	35.1%	33.9%	0.0%	4.2%	29.7%
Carteret	NC	Micro	20,254	41.6%	41.4%	0.0%	16.0%	25.3%
Caswell	NC	Rural	5,223	75.7%	75.1%	0.0%	40.2%	34.9%
Catawba	NC	Metro	36,510	63.4%	63.0%	0.2%	41.2%	21.6%
Chatham	NC	Metro	19,262	60.1%	59.5%	0.0%	25.4%	34.1%
Cherokee	NC	Rural	10,451	53.1%	52.6%	0.0%	13.3%	39.3%
Chowan	NC	Rural	4,189	46.5%	46.0%	0.0%	15.3%	30.7%
Clay	NC	Rural	4,520	46.6%	46.0%	0.0%	9.7%	36.3%
Cleveland	NC	Micro	23,761	64.7%	64.3%	0.0%	40.9%	23.4%
Columbus	NC	Rural	12,983	61.8%	61.4%	0.0%	28.2%	33.3%
Craven	NC	Micro	26,230	41.4%	41.1%	0.0%	16.0%	25.1%
Cumberland	NC	Metro	56,507	59.2%	58.9%	0.0%	32.5%	26.3%
Currituck	NC	Metro	6,433	34.1%	33.5%	0.0%	4.9%	28.6%
Dare	NC	Micro	10,335	27.5%	26.9%	0.0%	5.0%	21.9%
Davidson	NC	Metro	36,597	78.1%	77.7%	0.1%	51.7%	25.9%
Davie	NC	Metro	11,202	70.3%	69.9%	0.1%	47.9%	21.9%
Duplin	NC	Rural	10,630	59.8%	59.5%	0.0%	21.5%	38.0%

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Durham	NC	Metro	49,269	57.3%	56.9%	0.0%	32.9%	24.0%
Edgecombe	NC	Metro	12,524	66.8%	66.6%	0.0%	35.9%	30.7%
Forsyth	NC	Metro	78,071	72.0%	71.8%	0.1%	46.5%	25.2%
Franklin	NC	Metro	14,743	61.7%	61.4%	0.0%	32.4%	29.0%
Gaston	NC	Metro	45,584	66.9%	66.3%	0.2%	41.0%	25.1%
Gates	NC	Metro	2,595	45.8%	44.9%	0.5%	9.5%	34.9%
Graham	NC	Rural	2,223	57.1%	55.8%	0.0%	26.9%	28.8%
Granville	NC	Rural	11,967	63.1%	62.7%	0.0%	30.7%	32.0%
Greene	NC	Rural	3,740	63.6%	62.9%	0.0%	26.7%	36.3%
Guilford	NC	Metro	102,095	74.9%	74.6%	0.0%	44.0%	30.5%
Halifax	NC	Micro	13,369	65.1%	64.8%	0.0%	28.2%	36.6%
Harnett	NC	Micro	21,571	61.2%	60.9%	0.0%	25.3%	35.6%
Haywood	NC	Micro	18,429	55.7%	55.5%	0.0%	26.2%	29.3%
Henderson	NC	Metro	35,052	48.9%	48.5%	0.4%	28.2%	20.0%
Hertford	NC	Rural	5,388	59.5%	59.1%	0.0%	23.0%	36.2%
Hoke	NC	Metro	7,600	63.9%	63.3%	0.0%	31.8%	31.5%
Hyde	NC	Rural	1,259	54.5%	53.5%	0.0%	16.8%	36.8%
Iredell	NC	Metro	37,949	62.8%	62.4%	0.0%	42.1%	20.3%
Jackson	NC	Rural	8,853	51.7%	51.3%	0.0%	20.8%	30.5%
Johnston	NC	Metro	36,398	63.6%	63.3%	0.0%	35.5%	27.8%
Jones	NC	Micro	2,821	54.6%	54.4%	0.0%	18.1%	36.3%
Lee	NC	Micro	13,828	56.9%	56.1%	0.0%	27.6%	28.5%
Lenoir	NC	Micro	14,309	59.3%	59.0%	0.0%	21.4%	37.7%
Lincoln	NC	Metro	21,337	59.7%	59.2%	0.0%	38.8%	20.4%
McDowell	NC	Micro	11,789	65.2%	64.7%	0.0%	41.5%	23.2%
Macon	NC	Rural	12,178	46.8%	46.5%	0.0%	17.0%	29.5%
Madison	NC	Metro	6,028	58.1%	57.3%	0.5%	33.5%	23.3%
Martin	NC	Rural	6,401	61.0%	60.6%	0.0%	27.8%	32.7%
Mecklenburg	NC	Metro	149,213	60.0%	59.7%	0.1%	38.0%	21.7%
Mitchell	NC	Rural	4,429	57.6%	57.0%	0.0%	31.2%	25.9%
Montgomery	NC	Rural	6,222	67.3%	66.5%	0.0%	33.4%	33.1%

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Moore	NC	Metro	27,791	53.2%	52.9%	0.0%	27.1%	25.8%
Nash	NC	Metro	22,492	61.5%	61.3%	0.0%	32.6%	28.7%
New Hanover	NC	Metro	50,516	46.7%	46.4%	0.0%	21.6%	24.7%
Northampton	NC	Micro	5,423	60.9%	60.4%	0.0%	22.9%	37.5%
Onslow	NC	Metro	30,173	44.8%	44.6%	0.0%	17.2%	27.3%
Orange	NC	Metro	25,801	55.0%	54.5%	0.0%	21.5%	33.0%
Pamlico	NC	Micro	4,192	45.0%	44.6%	0.0%	13.2%	31.4%
Pasquotank	NC	Micro	9,069	46.8%	46.3%	0.0%	9.4%	37.0%
Pender	NC	Metro	14,257	54.3%	53.9%	0.0%	22.4%	31.5%
Perquimans	NC	Rural	4,162	43.5%	42.9%	0.0%	10.0%	32.9%
Person	NC	Metro	9,817	65.0%	64.7%	0.0%	36.0%	28.6%
Pitt	NC	Metro	32,277	58.4%	58.2%	0.0%	21.7%	36.5%
Polk	NC	Rural	6,853	43.3%	42.8%	0.0%	20.5%	22.3%
Randolph	NC	Metro	30,117	80.1%	79.8%	0.0%	47.8%	32.0%
Richmond	NC	Micro	10,151	66.5%	66.2%	0.0%	42.4%	23.8%
Robeson	NC	Micro	25,548	74.5%	74.4%	0.0%	36.2%	38.1%
Rockingham	NC	Metro	23,678	80.4%	80.1%	0.0%	49.6%	30.5%
Rowan	NC	Metro	30,679	71.7%	71.4%	0.1%	47.1%	24.2%
Rutherford	NC	Micro	16,572	60.7%	60.5%	0.0%	32.8%	27.7%
Sampson	NC	Rural	12,644	66.2%	66.0%	0.0%	28.0%	38.0%
Scotland	NC	Micro	7,915	69.8%	69.5%	0.3%	26.7%	42.4%
Stanly	NC	Micro	14,990	64.3%	64.0%	0.0%	35.0%	29.0%
Stokes	NC	Metro	11,738	76.9%	76.4%	0.0%	49.7%	26.8%
Surry	NC	Micro	18,650	71.5%	71.3%	0.0%	47.3%	24.0%
Swain	NC	Rural	3,852	45.2%	44.4%	0.0%	18.4%	26.1%
Transylvania	NC	Micro	10,465	51.8%	51.3%	0.0%	31.6%	19.6%
Tyrrell	NC	Rural	847	51.8%	48.3%	0.0%	13.9%	34.4%
Union	NC	Metro	38,230	56.8%	56.5%	0.0%	34.2%	22.3%
Vance	NC	Micro	10,348	71.2%	70.8%	0.0%	41.5%	29.3%
Wake	NC	Metro	167,694	56.7%	56.6%	0.0%	29.2%	27.3%
Warren	NC	Rural	4,875	65.2%	64.6%	0.0%	28.8%	35.8%

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Washington	NC	Rural	3,413	56.7%	55.9%	0.0%	19.2%	36.7%
Watauga	NC	Micro	9,427	51.6%	51.1%	0.5%	16.2%	34.4%
Wayne	NC	Metro	24,432	60.0%	59.9%	0.0%	29.5%	30.3%
Wilkes	NC	Micro	17,538	72.8%	72.5%	0.0%	51.0%	21.5%
Wilson	NC	Micro	17,736	60.8%	60.5%	0.0%	31.3%	29.2%
Yadkin	NC	Metro	9,158	77.5%	77.0%	0.0%	59.9%	17.1%
Yancey	NC	Rural	5,528	55.3%	54.5%	0.5%	30.9%	23.1%
Total***	NC		2,117,522	60.9%	60.5%	0.0%	33.1%	27.4%

*Excludes enrollment in any county/plan if the plan enrolls 10 or fewer enrollees in that county (restrictions on data released by CMS).

**Counties are classified using Urban Influence Codes: Metropolitan (UIC: 1,4), Micropolitan (UIC: 2,5,7), and Rural (UIC: 3,6,8,9). In general, metropolitan counties include those with an urban area of 50,000 or more people. Micropolitan counties include an urban area with at least 10,000 and fewer than 50,000 people. Rural counties have no urban areas with 10,000 people. Metropolitan and micropolitan areas also include outlying counties that are economically tied to the central counties as measured by labor force commuting.

***State totals do not include persons with pending county designations.

Source of Data: Centers for Medicare and Medicaid Services (CMS) data, as of March 2025.

Compiled by the Rural Policy Research Institute (RUPRI) <https://ruprihealth.org>