Percent of Medicare Eligible in Iowa enrolled in MA Plans*, by County and Type of Plan
March 2026

County	*State*	*Metro Rural***	*Medicare Eligibles*	*Percent Enrolled in MA+ Prepaid*	*Percent Enrolled in MA*	*Percent Enrolled in PFFS*	*Percent Enrolled in HMO POS*	*Percent Enrolled in PPOs*
Adair	IA	Rural	1,779	27.8%	26.1%	0.0%	16.9%	9.2%
Adams	IA	Rural	1,045	17.0%	13.5%	0.0%	10.0%	3.5%
Allamakee	IA	Rural	3,620	25.1%	24.0%	0.0%	12.0%	12.0%
Appanoose	IA	Rural	3,318	43.6%	42.7%	0.0%	20.9%	21.8%
Audubon	IA	Rural	1,512	21.0%	20.2%	0.0%	9.9%	10.3%
Benton	IA	Metro	5,759	41.8%	41.2%	0.0%	22.6%	18.6%
Black Hawk	IA	Metro	27,281	52.5%	52.3%	0.0%	24.8%	27.6%
Boone	IA	Metro	5,966	37.3%	37.2%	0.0%	19.2%	18.0%
Bremer	IA	Metro	5,664	34.8%	34.5%	0.0%	13.9%	20.5%
Buchanan	IA	Rural	4,631	43.6%	43.4%	0.0%	18.1%	25.3%
Buena Vista	IA	Micro	3,703	22.3%	21.5%	0.0%	12.0%	9.5%
Butler	IA	Rural	3,791	34.0%	33.8%	0.0%	15.0%	18.8%
Calhoun	IA	Rural	2,608	27.5%	26.9%	0.0%	13.3%	13.5%
Carroll	IA	Micro	5,143	22.5%	22.0%	0.0%	12.2%	9.8%
Cass	IA	Rural	3,565	25.7%	25.0%	0.0%	18.7%	6.3%
Cedar	IA	Rural	4,145	40.4%	39.8%	0.0%	20.1%	19.7%
Cerro Gordo	IA	Micro	11,401	29.7%	27.7%	0.0%	14.7%	12.9%
Cherokee	IA	Rural	3,005	22.0%	21.6%	0.0%	9.0%	12.6%
Chickasaw	IA	Rural	2,876	25.7%	24.7%	0.0%	11.1%	13.7%
Clarke	IA	Rural	2,015	45.0%	43.8%	0.0%	15.2%	28.6%
Clay	IA	Micro	4,095	20.2%	19.2%	0.0%	7.9%	11.3%
Clayton	IA	Rural	4,864	37.4%	24.2%	0.0%	9.5%	14.7%
Clinton	IA	Micro	11,027	45.8%	44.4%	0.0%	23.8%	20.6%
Crawford	IA	Rural	3,316	24.6%	24.3%	0.0%	12.8%	11.5%
Dallas	IA	Metro	14,689	43.3%	43.0%	0.0%	22.2%	20.8%
Davis	IA	Rural	1,823	32.1%	31.3%	0.0%	14.0%	17.3%
Decatur	IA	Rural	1,826	35.4%	34.2%	0.0%	19.8%	14.5%
Delaware	IA	Rural	4,171	39.2%	32.6%	0.0%	17.2%	15.4%
Des Moines	IA	Micro	9,595	33.1%	32.8%	0.0%	20.2%	12.6%
Dickinson	IA	Micro	5,628	20.1%	18.7%	0.0%	5.0%	13.7%
Dubuque	IA	Metro	21,976	64.3%	17.7%	0.0%	6.1%	11.5%

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Emmet	IA	Rural	2,328	18.0%	14.7%	0.0%	4.0%	10.7%
Fayette	IA	Rural	5,040	34.8%	34.3%	0.0%	17.7%	16.6%
Floyd	IA	Rural	3,874	30.1%	29.0%	0.0%	11.8%	17.2%
Franklin	IA	Rural	2,270	21.2%	19.7%	0.0%	9.5%	10.3%
Fremont	IA	Rural	1,794	29.2%	28.7%	0.0%	15.8%	12.8%
Greene	IA	Rural	2,344	38.2%	36.5%	0.0%	18.7%	17.8%
Grundy	IA	Metro	2,930	39.3%	38.9%	0.0%	14.8%	24.2%
Guthrie	IA	Metro	2,961	37.0%	36.7%	0.0%	21.8%	14.9%
Hamilton	IA	Rural	3,368	27.1%	26.7%	0.0%	14.0%	12.7%
Hancock	IA	Rural	2,572	19.4%	16.3%	0.0%	6.8%	9.4%
Hardin	IA	Rural	4,267	32.2%	31.7%	0.0%	17.0%	14.7%
Harrison	IA	Metro	3,523	32.6%	31.5%	0.0%	17.4%	14.1%
Henry	IA	Rural	4,591	29.1%	28.8%	0.0%	14.3%	14.5%
Howard	IA	Rural	2,356	19.7%	18.4%	0.0%	3.8%	14.6%
Humboldt	IA	Rural	2,304	22.3%	21.4%	0.0%	10.1%	11.3%
Ida	IA	Rural	1,653	23.0%	22.3%	0.0%	11.2%	11.1%
Iowa	IA	Rural	3,850	37.4%	36.8%	0.0%	18.4%	18.3%
Jackson	IA	Rural	5,066	50.1%	28.5%	0.0%	13.6%	14.9%
Jasper	IA	Metro	8,528	45.0%	44.8%	0.0%	26.6%	18.2%
Jefferson	IA	Rural	4,636	48.2%	47.5%	0.0%	23.6%	23.9%
Johnson	IA	Metro	23,143	36.3%	36.0%	0.0%	16.7%	19.3%
Jones	IA	Metro	4,731	49.9%	47.7%	0.0%	24.1%	23.6%
Keokuk	IA	Rural	2,399	37.6%	37.0%	0.0%	22.6%	14.4%
Kossuth	IA	Rural	3,887	19.2%	16.7%	0.0%	7.6%	9.1%
Lee	IA	Micro	8,356	25.6%	25.3%	0.0%	15.2%	10.1%
Linn	IA	Metro	45,407	51.7%	49.7%	0.0%	28.0%	21.7%
Louisa	IA	Rural	2,405	36.3%	34.3%	0.0%	21.8%	12.5%
Lucas	IA	Rural	2,092	37.5%	36.8%	0.0%	19.9%	16.9%
Lyon	IA	Rural	2,388	21.7%	12.5%	0.0%	5.6%	6.9%
Madison	IA	Metro	3,524	45.0%	44.6%	0.0%	21.7%	22.8%
Mahaska	IA	Micro	4,635	40.8%	40.5%	0.0%	24.9%	15.5%

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Marion	IA	Micro	7,525	35.6%	35.5%	0.0%	17.7%	17.7%
Marshall	IA	Micro	8,419	44.9%	44.5%	0.0%	25.3%	19.2%
Mills	IA	Metro	3,286	37.0%	36.2%	0.0%	22.3%	13.8%
Mitchell	IA	Rural	2,521	19.6%	17.3%	0.0%	2.5%	14.7%
Monona	IA	Rural	2,316	38.4%	36.8%	0.0%	17.2%	19.6%
Monroe	IA	Rural	1,820	35.8%	34.8%	0.0%	14.5%	20.3%
Montgomery	IA	Rural	2,684	32.5%	31.6%	0.0%	18.5%	13.2%
Muscatine	IA	Micro	8,985	40.1%	39.8%	0.0%	23.2%	16.6%
O'Brien	IA	Rural	3,343	18.5%	17.3%	0.0%	6.3%	11.0%
Osceola	IA	Rural	1,424	19.9%	14.7%	0.0%	5.8%	8.9%
Page	IA	Rural	3,921	27.1%	26.7%	0.0%	17.6%	9.1%
Palo Alto	IA	Rural	2,342	14.4%	13.7%	0.0%	4.1%	9.5%
Plymouth	IA	Micro	5,499	30.7%	28.9%	0.0%	11.6%	17.3%
Pocahontas	IA	Rural	1,877	25.5%	24.2%	0.0%	11.8%	12.4%
Polk	IA	Metro	84,433	47.8%	47.5%	0.0%	28.0%	19.5%
Pottawattamie	IA	Metro	20,346	49.8%	48.5%	0.0%	33.1%	15.4%
Poweshiek	IA	Rural	4,295	33.0%	32.4%	0.0%	15.1%	17.3%
Ringgold	IA	Rural	1,295	22.5%	21.1%	0.0%	12.2%	8.9%
Sac	IA	Rural	2,550	17.1%	16.4%	0.0%	8.2%	8.1%
Scott	IA	Metro	35,074	51.7%	51.2%	0.0%	27.3%	23.8%
Shelby	IA	Rural	3,123	25.7%	25.2%	0.0%	11.0%	14.2%
Sioux	IA	Rural	6,380	12.7%	10.6%	0.0%	6.2%	4.3%
Story	IA	Metro	14,744	30.0%	29.7%	0.0%	17.0%	12.7%
Tama	IA	Rural	3,900	41.1%	40.9%	0.0%	20.3%	20.6%
Taylor	IA	Rural	1,539	17.1%	15.3%	0.0%	10.6%	4.7%
Union	IA	Rural	2,940	29.5%	28.1%	0.0%	21.2%	6.9%
Van Buren	IA	Rural	1,892	33.5%	32.5%	0.0%	22.6%	9.8%
Wapello	IA	Micro	7,417	46.2%	45.9%	0.0%	25.6%	20.3%
Warren	IA	Metro	10,644	46.0%	45.8%	0.0%	23.6%	22.2%
Washington	IA	Metro	5,159	36.0%	35.8%	0.0%	18.7%	17.1%
Wayne	IA	Rural	1,553	35.5%	33.8%	0.0%	18.9%	14.9%

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Webster	IA	Micro	7,935	36.3%	36.0%	0.0%	16.6%	19.4%
Winnebago	IA	Rural	2,681	23.3%	21.1%	0.0%	9.6%	11.5%
Winneshiek	IA	Rural	5,176	15.8%	15.7%	0.0%	5.3%	10.4%
Woodbury	IA	Metro	18,822	49.0%	47.7%	0.0%	24.2%	23.6%
Worth	IA	Micro	1,807	27.1%	23.0%	0.0%	10.0%	13.0%
Wright	IA	Rural	2,987	24.4%	23.2%	0.0%	12.7%	10.6%
Total***	IA		661,713	40.3%	37.7%	0.0%	20.1%	17.6%

*Excludes enrollment in any county/plan if the plan enrolls 10 or fewer beneficiaries in that county (restrictions on data released by CMS).
**Counties are classified using Urban Influence Codes: Metropolitan (UIC: 1,4), Micropolitan (UIC: 2,5,7), and Rural (UIC: 3,6,8,9). In general, metropolitan counties include those with an urban area of 50,000 or more people. Micropolitan counties include an urban area with at least 10,000 and fewer than 50,000 people. Rural counties have no urban areas with 10,000 people. Metropolitan and micropolitan areas also include outlying counties that are economically tied to the central counties as measured by labor force commuting.
***State totals do not include persons with pending county designations.
Source of Data: Centers for Medicare and Medicaid Services (CMS) data, as of March 2026.
Compiled by the Rural Policy Research Institute (RUPRI) https://ruprihealth.org