Percent of Medicare Eligible in Maryland enrolled in MA Plans*, by County and Type of Plan March 2026

County	State	Metro Rural**	Medicare Eligibles	Percent Enrolled in MA+ Prepaid	Percent Enrolled in MA	Percent Enrolled in PFFS	Percent Enrolled in HMO POS	Percent Enrolled in PPOs
Allegany	MD	Micro	16,400	20.0%	19.8%	0.0%	0.3%	19.4%
Anne Arundel	MD	Metro	94,677	22.9%	22.7%	0.0%	11.3%	11.4%
Baltimore	MD	Metro	153,045	29.6%	29.5%	0.0%	16.9%	12.5%
Baltimore City	MD	Metro	91,598	40.9%	40.7%	0.0%	31.1%	9.4%
Calvert	MD	Metro	16,946	20.6%	20.4%	0.0%	2.8%	17.6%
Caroline	MD	Rural	6,871	26.1%	25.7%	0.0%	5.3%	20.4%
Carroll	MD	Metro	33,765	23.1%	23.0%	0.0%	5.2%	17.7%
Cecil	MD	Metro	19,713	24.5%	24.2%	0.0%	6.5%	17.7%
Charles	MD	Metro	25,204	29.1%	28.9%	0.0%	9.3%	19.5%
Dorchester	MD	Micro	8,254	28.6%	28.1%	0.0%	9.3%	18.9%
Frederick	MD	Metro	46,255	22.9%	22.8%	0.0%	6.1%	16.7%
Garrett	MD	Rural	7,406	23.8%	22.9%	0.0%	1.4%	21.5%
Harford	MD	Metro	50,091	28.2%	28.0%	0.0%	10.9%	17.1%
Howard	MD	Metro	49,052	23.0%	22.8%	0.0%	10.9%	11.8%
Kent	MD	Rural	6,016	18.7%	18.2%	0.0%	2.9%	15.3%
Montgomery	MD	Metro	161,342	27.1%	27.0%	0.0%	16.1%	10.9%
Prince George's	MD	Metro	126,512	37.5%	37.3%	0.0%	20.9%	16.3%
Queen Anne's	MD	Metro	11,732	19.8%	19.6%	0.0%	1.3%	18.3%
Somerset	MD	Metro	5,104	32.6%	32.0%	0.0%	9.9%	22.1%
St. Mary's	MD	Metro	17,774	19.1%	18.8%	0.0%	1.6%	17.2%
Talbot	MD	Micro	11,440	17.0%	16.7%	0.0%	2.4%	14.3%
Washington	MD	Metro	30,981	26.6%	26.5%	0.0%	3.4%	23.0%
Wicomico	MD	Metro	20,035	30.1%	29.9%	0.0%	7.0%	22.8%
Worcester	MD	Micro	15,868	27.5%	27.2%	0.0%	3.9%	23.3%
Total***	MD		1,026,081	28.6%	28.4%	0.0%	13.9%	14.4%

*Excludes enrollment in any county/plan if the plan enrolls 10 or fewer beneficiaries in that county (restrictions on data released by CMS).
**Counties are classified using Urban Influence Codes: Metropolitan (UIC: 1,4), Micropolitan (UIC: 2,5,7), and Rural (UIC: 3,6,8,9). In general, metropolitan counties include those with an urban area of 50,000 or more people. Micropolitan counties include an urban area with at least 10,000 and fewer than 50,000 people. Rural counties have no urban areas with 10,000 people. Metropolitan and micropolitan areas also include outlying counties that are economically tied to the central counties as measured by labor force commuting.
***State totals do not include persons with pending county designations.
Source of Data: Centers for Medicare and Medicaid Services (CMS) data, as of March 2026.
Compiled by the Rural Policy Research Institute (RUPRI) https://ruprihealth.org