Percent of Medicare Eligible in North Carolina enrolled in MA Plans*, by County and Type of Plan
March 2026

County	*State*	*Metro Rural***	*Medicare Eligibles*	*Percent Enrolled in MA+ Prepaid*	*Percent Enrolled in MA*	*Percent Enrolled in PFFS*	*Percent Enrolled in HMO POS*	*Percent Enrolled in PPOs*
Alamance	NC	Metro	36,378	75.4%	74.9%	0.0%	42.4%	32.5%
Alexander	NC	Metro	8,467	71.2%	70.7%	0.0%	52.1%	18.6%
Alleghany	NC	Rural	3,708	57.6%	57.0%	0.0%	31.1%	25.9%
Anson	NC	Metro	5,434	70.4%	69.6%	0.0%	44.5%	25.0%
Ashe	NC	Rural	8,353	51.7%	51.3%	0.0%	27.4%	23.9%
Avery	NC	Rural	4,917	51.9%	50.8%	0.3%	28.1%	22.4%
Beaufort	NC	Micro	14,005	58.3%	58.0%	0.0%	30.7%	27.2%
Bertie	NC	Rural	5,291	60.7%	60.1%	0.0%	32.6%	27.5%
Bladen	NC	Rural	7,801	71.6%	71.3%	0.0%	39.1%	32.2%
Brunswick	NC	Metro	64,501	46.5%	46.2%	0.0%	18.7%	27.6%
Buncombe	NC	Metro	62,992	52.1%	51.7%	0.3%	29.5%	21.9%
Burke	NC	Metro	21,576	67.8%	67.4%	0.0%	39.6%	27.8%
Cabarrus	NC	Metro	37,514	67.0%	66.6%	0.0%	44.6%	22.0%
Caldwell	NC	Metro	20,021	70.7%	70.3%	0.0%	38.5%	31.8%
Camden	NC	Metro	2,222	37.3%	36.8%	0.0%	8.2%	28.5%
Carteret	NC	Micro	20,724	44.7%	44.4%	0.0%	21.7%	22.7%
Caswell	NC	Rural	5,377	78.6%	77.9%	0.0%	45.4%	32.5%
Catawba	NC	Metro	37,465	65.2%	64.8%	0.1%	43.4%	21.3%
Chatham	NC	Metro	19,991	59.7%	59.1%	0.0%	27.1%	32.1%
Cherokee	NC	Rural	10,643	54.1%	53.6%	0.0%	14.8%	38.8%
Chowan	NC	Rural	4,250	47.9%	47.4%	0.0%	19.2%	28.2%
Clay	NC	Rural	4,597	46.9%	46.2%	0.0%	10.5%	35.7%
Cleveland	NC	Micro	24,015	66.2%	65.7%	0.0%	42.6%	23.0%
Columbus	NC	Rural	13,157	63.5%	63.2%	0.0%	34.0%	29.1%
Craven	NC	Micro	26,854	44.1%	43.8%	0.0%	22.4%	21.3%
Cumberland	NC	Metro	57,769	61.2%	60.9%	0.0%	36.0%	24.8%
Currituck	NC	Metro	6,743	35.4%	34.7%	0.0%	7.5%	27.2%
Dare	NC	Micro	10,612	28.4%	28.0%	0.0%	7.1%	20.8%
Davidson	NC	Metro	37,448	79.6%	79.1%	0.1%	54.6%	24.5%
Davie	NC	Metro	11,490	70.8%	70.2%	0.1%	50.9%	19.3%
Duplin	NC	Rural	10,718	61.6%	61.4%	0.0%	30.4%	31.0%

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Durham	NC	Metro	50,808	57.3%	57.0%	0.0%	35.0%	21.9%
Edgecombe	NC	Metro	12,544	68.9%	68.6%	0.0%	46.8%	21.9%
Forsyth	NC	Metro	79,632	72.3%	72.2%	0.1%	48.3%	23.8%
Franklin	NC	Metro	15,422	62.3%	61.9%	0.0%	38.0%	23.8%
Gaston	NC	Metro	46,552	67.8%	67.2%	0.2%	39.6%	27.4%
Gates	NC	Metro	2,666	47.0%	45.7%	0.5%	14.5%	30.7%
Graham	NC	Rural	2,214	59.9%	59.0%	0.0%	29.5%	29.5%
Granville	NC	Rural	12,164	65.5%	65.1%	0.0%	37.7%	27.4%
Greene	NC	Rural	3,787	66.0%	65.1%	0.0%	34.4%	30.8%
Guilford	NC	Metro	104,442	75.1%	74.8%	0.0%	44.5%	30.2%
Halifax	NC	Micro	13,497	67.0%	66.7%	0.0%	37.5%	29.2%
Harnett	NC	Micro	22,445	62.8%	62.6%	0.0%	33.7%	28.9%
Haywood	NC	Micro	18,619	56.9%	56.7%	0.0%	28.0%	28.7%
Henderson	NC	Metro	35,455	49.5%	49.3%	0.2%	29.5%	19.5%
Hertford	NC	Rural	5,446	61.7%	61.4%	0.0%	29.9%	31.4%
Hoke	NC	Metro	7,872	67.4%	66.9%	0.0%	38.8%	28.1%
Hyde	NC	Rural	1,244	55.8%	53.1%	0.0%	21.8%	31.4%
Iredell	NC	Metro	39,192	64.1%	63.8%	0.0%	44.1%	19.6%
Jackson	NC	Rural	8,977	52.7%	52.3%	0.0%	22.6%	29.7%
Johnston	NC	Metro	38,138	64.7%	64.5%	0.0%	39.0%	25.4%
Jones	NC	Micro	2,852	57.4%	56.9%	0.0%	25.8%	31.0%
Lee	NC	Micro	14,165	57.1%	56.4%	0.0%	32.4%	24.0%
Lenoir	NC	Micro	14,437	60.9%	60.7%	0.0%	33.3%	27.4%
Lincoln	NC	Metro	21,983	60.6%	60.0%	0.0%	39.8%	20.2%
Macon	NC	Rural	12,276	47.8%	47.4%	0.0%	18.6%	28.7%
Madison	NC	Metro	6,029	60.5%	59.5%	0.4%	36.2%	22.9%
Martin	NC	Rural	6,414	64.0%	63.7%	0.0%	34.3%	29.4%
McDowell	NC	Micro	11,819	67.1%	66.5%	0.0%	44.9%	21.6%
Mecklenburg	NC	Metro	153,982	60.2%	60.0%	0.1%	38.6%	21.3%
Mitchell	NC	Rural	4,399	58.7%	58.2%	0.0%	33.8%	24.4%
Montgomery	NC	Rural	6,335	68.8%	68.3%	0.0%	41.8%	26.5%

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Moore	NC	Metro	28,377	54.0%	53.7%	0.0%	28.1%	25.6%
Nash	NC	Metro	23,027	62.8%	62.6%	0.0%	43.4%	19.2%
New Hanover	NC	Metro	51,683	48.1%	47.8%	0.0%	24.2%	23.6%
Northampton	NC	Micro	5,441	62.9%	62.3%	0.0%	31.2%	31.1%
Onslow	NC	Metro	31,187	47.4%	47.1%	0.0%	24.1%	22.9%
Orange	NC	Metro	26,437	55.1%	54.6%	0.0%	23.7%	31.0%
Pamlico	NC	Micro	4,290	46.2%	45.5%	0.0%	18.0%	27.6%
Pasquotank	NC	Micro	9,243	48.3%	47.9%	0.0%	15.1%	32.8%
Pender	NC	Metro	14,788	55.8%	55.5%	0.0%	27.2%	28.3%
Perquimans	NC	Rural	4,227	45.6%	45.0%	0.0%	14.1%	31.0%
Person	NC	Metro	9,903	66.4%	66.0%	0.0%	38.6%	27.4%
Pitt	NC	Metro	33,009	59.1%	58.9%	0.0%	31.0%	27.9%
Polk	NC	Rural	6,972	44.2%	43.8%	0.0%	21.7%	22.1%
Randolph	NC	Metro	30,720	81.6%	81.2%	0.0%	48.9%	32.3%
Richmond	NC	Micro	10,252	68.4%	68.1%	0.0%	47.3%	20.7%
Robeson	NC	Micro	25,816	76.0%	75.8%	0.0%	47.6%	28.2%
Rockingham	NC	Metro	24,015	81.0%	80.8%	0.0%	50.1%	30.7%
Rowan	NC	Metro	31,437	72.4%	72.1%	0.1%	48.9%	23.1%
Rutherford	NC	Micro	16,702	63.1%	62.8%	0.0%	36.3%	26.5%
Sampson	NC	Rural	12,826	68.2%	68.0%	0.0%	36.4%	31.5%
Scotland	NC	Micro	8,013	71.4%	71.0%	0.6%	36.9%	33.5%
Stanly	NC	Micro	15,245	66.2%	65.9%	0.0%	35.1%	30.8%
Stokes	NC	Metro	11,944	77.7%	77.3%	0.0%	51.5%	25.8%
Surry	NC	Micro	18,820	71.8%	71.4%	0.0%	51.0%	20.4%
Swain	NC	Rural	3,907	47.3%	46.3%	0.0%	21.0%	25.3%
Transylvania	NC	Micro	10,516	53.1%	52.6%	0.0%	33.0%	19.5%
Tyrrell	NC	Rural	860	52.7%	50.2%	0.0%	19.4%	30.8%
Union	NC	Metro	39,894	57.4%	57.2%	0.0%	34.8%	22.4%
Vance	NC	Micro	10,383	72.3%	72.0%	0.0%	48.4%	23.6%
Wake	NC	Metro	174,480	56.6%	56.5%	0.0%	30.9%	25.6%
Warren	NC	Rural	4,937	66.6%	65.7%	0.0%	36.0%	29.7%

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Washington	NC	Rural	3,410	58.5%	57.7%	0.0%	25.3%	32.4%
Watauga	NC	Micro	9,521	52.8%	52.4%	0.1%	20.1%	32.1%
Wayne	NC	Metro	24,716	61.6%	61.3%	0.0%	40.1%	21.2%
Wilkes	NC	Micro	17,759	73.9%	73.6%	0.0%	53.7%	19.9%
Wilson	NC	Micro	18,111	62.6%	62.4%	0.0%	41.1%	21.3%
Yadkin	NC	Metro	9,317	77.8%	77.5%	0.0%	61.3%	16.2%
Yancey	NC	Rural	5,565	57.1%	56.3%	0.5%	34.4%	21.4%
Total***	NC		2,168,590	61.8%	61.5%	0.0%	36.2%	25.3%

*Excludes enrollment in any county/plan if the plan enrolls 10 or fewer beneficiaries in that county (restrictions on data released by CMS).
**Counties are classified using Urban Influence Codes: Metropolitan (UIC: 1,4), Micropolitan (UIC: 2,5,7), and Rural (UIC: 3,6,8,9). In general, metropolitan counties include those with an urban area of 50,000 or more people. Micropolitan counties include an urban area with at least 10,000 and fewer than 50,000 people. Rural counties have no urban areas with 10,000 people. Metropolitan and micropolitan areas also include outlying counties that are economically tied to the central counties as measured by labor force commuting.
***State totals do not include persons with pending county designations.
Source of Data: Centers for Medicare and Medicaid Services (CMS) data, as of March 2026.
Compiled by the Rural Policy Research Institute (RUPRI) https://ruprihealth.org