Percent of Medicare Eligible in North Dakota enrolled in MA Plans*, by County and Type of Plan
March 2026

County	*State*	*Metro Rural***	*Medicare Eligibles*	*Percent Enrolled in MA+ Prepaid*	*Percent Enrolled in MA*	*Percent Enrolled in PFFS*	*Percent Enrolled in HMO POS*	*Percent Enrolled in PPOs*
Adams	ND	Rural	661	31.9%	3.6%	0.0%	0.0%	3.6%
Barnes	ND	Rural	2,663	42.2%	15.7%	0.0%	0.0%	15.7%
Benson	ND	Rural	1,042	29.8%	11.4%	0.0%	0.0%	11.4%
Billings	ND	Micro	177	45.8%	7.9%	0.0%	0.0%	7.9%
Bottineau	ND	Rural	1,744	14.2%	4.6%	0.0%	0.0%	4.6%
Bowman	ND	Rural	812	27.2%	3.9%	0.0%	0.0%	3.9%
Burke	ND	Rural	488	13.1%	7.0%	0.0%	0.0%	7.0%
Burleigh	ND	Metro	19,744	43.9%	43.2%	0.0%	0.5%	42.7%
Cass	ND	Metro	28,147	42.6%	22.0%	0.0%	0.2%	21.8%
Cavalier	ND	Rural	1,009	23.0%	3.7%	0.0%	0.0%	3.7%
Dickey	ND	Rural	1,137	53.7%	14.1%	0.0%	1.2%	12.8%
Divide	ND	Rural	507	11.4%	2.6%	0.0%	0.0%	2.6%
Dunn	ND	Micro	732	26.8%	5.6%	0.0%	0.0%	5.6%
Eddy	ND	Rural	615	30.9%	8.0%	0.0%	0.0%	8.0%
Emmons	ND	Rural	951	44.5%	11.3%	0.0%	0.0%	11.3%
Foster	ND	Rural	808	31.1%	5.1%	0.0%	0.0%	5.1%
Golden Valley	ND	Rural	412	19.9%	6.1%	0.0%	0.0%	6.1%
Grand Forks	ND	Metro	11,513	32.4%	32.0%	0.0%	0.4%	31.6%
Grant	ND	Rural	679	46.2%	7.4%	0.0%	0.0%	7.4%
Griggs	ND	Rural	664	36.1%	8.4%	0.0%	0.0%	8.4%
Hettinger	ND	Rural	634	29.0%	6.2%	0.0%	0.0%	6.2%
Kidder	ND	Rural	646	58.7%	13.5%	0.0%	0.0%	13.5%
LaMoure	ND	Rural	1,118	48.1%	8.9%	0.0%	0.0%	8.9%
Logan	ND	Rural	517	47.6%	13.3%	0.0%	0.0%	13.3%
McHenry	ND	Metro	1,340	38.0%	11.4%	0.0%	0.0%	11.4%
McIntosh	ND	Rural	862	46.2%	9.6%	0.0%	0.0%	9.6%
McKenzie	ND	Rural	1,252	12.0%	5.1%	0.0%	0.0%	5.1%
McLean	ND	Rural	2,648	39.6%	15.3%	0.0%	0.0%	15.3%
Mercer	ND	Rural	2,132	40.9%	17.8%	0.0%	0.0%	17.8%
Morton	ND	Metro	6,667	52.5%	51.6%	0.0%	0.9%	50.8%
Mountrail	ND	Rural	1,370	20.3%	12.6%	0.0%	0.0%	12.6%

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County	State	Metro Rural**	Medicare Eligibles	Percent Enrolled in MA+ Prepaid	Percent Enrolled in MA	Percent Enrolled in PFFS	Percent Enrolled in HMO POS	Percent Enrolled in PPOs
Nelson	ND	Rural	979	27.0%	10.9%	0.0%	1.3%	9.6%
Oliver	ND	Metro	404	43.3%	12.9%	0.0%	0.0%	12.9%
Pembina	ND	Rural	1,807	27.1%	12.3%	0.0%	0.0%	12.3%
Pierce	ND	Rural	1,008	32.5%	6.5%	0.0%	0.0%	6.5%
Ramsey	ND	Rural	2,640	28.4%	13.9%	0.0%	0.8%	13.1%
Ransom	ND	Rural	1,313	54.6%	21.7%	0.0%	0.0%	21.7%
Renville	ND	Metro	536	26.1%	9.1%	0.0%	0.0%	9.1%
Richland	ND	Micro	3,585	45.7%	24.2%	0.0%	0.0%	24.2%
Rolette	ND	Rural	1,860	10.5%	3.1%	0.0%	0.0%	3.1%
Sargent	ND	Rural	970	54.3%	31.9%	0.0%	0.0%	31.9%
Sheridan	ND	Rural	392	44.1%	9.4%	0.0%	0.0%	9.4%
Sioux	ND	Rural	359	30.4%	21.7%	0.0%	0.0%	21.7%
Slope	ND	Rural	148	39.2%	9.5%	0.0%	0.0%	9.5%
Stark	ND	Micro	5,338	36.1%	4.3%	0.0%	0.0%	4.3%
Steele	ND	Rural	462	36.4%	11.0%	0.0%	0.0%	11.0%
Stutsman	ND	Micro	4,888	55.6%	55.1%	0.0%	0.2%	54.9%
Towner	ND	Rural	555	24.9%	5.9%	0.0%	0.0%	5.9%
Traill	ND	Rural	1,789	30.9%	13.9%	0.0%	0.0%	13.9%
Walsh	ND	Rural	2,485	25.9%	7.8%	0.0%	0.0%	7.8%
Ward	ND	Metro	10,839	35.3%	7.8%	0.0%	0.0%	7.8%
Wells	ND	Rural	1,184	23.0%	3.0%	0.0%	0.0%	3.0%
Williams	ND	Micro	4,258	28.2%	9.6%	0.0%	0.0%	9.6%
Total***	ND		141,490	38.4%	22.6%	0.0%	0.2%	22.3%

*Excludes enrollment in any county/plan if the plan enrolls 10 or fewer beneficiaries in that county (restrictions on data released by CMS).
**Counties are classified using Urban Influence Codes: Metropolitan (UIC: 1,4), Micropolitan (UIC: 2,5,7), and Rural (UIC: 3,6,8,9). In general, metropolitan counties include those with an urban area of 50,000 or more people. Micropolitan counties include an urban area with at least 10,000 and fewer than 50,000 people. Rural counties have no urban areas with 10,000 people. Metropolitan and micropolitan areas also include outlying counties that are economically tied to the central counties as measured by labor force commuting.
***State totals do not include persons with pending county designations.
Source of Data: Centers for Medicare and Medicaid Services (CMS) data, as of March 2026.
Compiled by the Rural Policy Research Institute (RUPRI) https://ruprihealth.org