Percent of Medicare Eligible in Virginia enrolled in MA Plans*, by County and Type of Plan
March 2026

County	*State*	*Metro Rural***	*Medicare Eligibles*	*Percent Enrolled in MA+ Prepaid*	*Percent Enrolled in MA*	*Percent Enrolled in PFFS*	*Percent Enrolled in HMO POS*	*Percent Enrolled in PPOs*
Accomack	VA	Rural	9,550	41.9%	41.5%	0.0%	22.1%	19.4%
Albemarle	VA	Metro	22,999	25.1%	24.4%	0.0%	9.7%	14.6%
Alexandria City	VA	Metro	17,244	36.4%	36.1%	0.1%	22.7%	13.2%
Amelia	VA	Metro	3,359	48.6%	47.8%	0.0%	30.8%	17.0%
Amherst	VA	Metro	8,040	46.3%	45.3%	0.0%	30.1%	15.1%
Appomattox	VA	Metro	4,178	44.8%	43.4%	0.0%	28.9%	14.5%
Arlington	VA	Metro	22,617	36.9%	36.5%	0.0%	23.2%	13.2%
Augusta	VA	Metro	17,871	35.0%	34.9%	0.0%	18.4%	16.5%
Bath	VA	Rural	1,368	27.6%	23.0%	0.0%	11.0%	12.0%
Bedford	VA	Metro	21,631	41.0%	40.4%	0.1%	23.5%	16.9%
Bland	VA	Rural	1,723	49.0%	44.4%	0.0%	26.5%	17.9%
Botetourt	VA	Metro	8,939	41.9%	41.1%	0.3%	27.5%	13.3%
Bristol City	VA	Metro	4,106	68.6%	67.4%	0.4%	61.8%	5.2%
Brunswick	VA	Rural	4,087	52.9%	52.1%	0.8%	30.4%	20.9%
Buchanan	VA	Rural	6,375	66.0%	62.9%	1.0%	48.2%	13.8%
Buckingham	VA	Rural	3,623	49.5%	48.3%	0.7%	25.6%	22.1%
Buena Vista City	VA	Rural	1,503	47.0%	44.7%	0.0%	32.4%	12.3%
Campbell	VA	Metro	12,299	48.4%	47.6%	0.0%	30.5%	17.1%
Caroline	VA	Rural	6,310	48.2%	47.7%	0.0%	17.8%	29.9%
Carroll	VA	Rural	8,020	43.8%	43.4%	0.6%	15.5%	27.3%
Charles City	VA	Metro	1,878	52.8%	50.7%	0.0%	33.8%	16.9%
Charlotte	VA	Rural	3,309	46.0%	44.3%	0.0%	28.3%	16.0%
Charlottesville City	VA	Metro	6,836	32.2%	30.7%	0.0%	16.6%	14.1%
Chesapeake City	VA	Metro	43,383	43.6%	43.3%	0.1%	29.3%	13.9%
Chesterfield	VA	Metro	68,992	42.2%	41.9%	0.2%	27.4%	14.2%
Clarke	VA	Metro	3,825	32.7%	31.4%	0.0%	8.2%	23.2%
Clifton Forge City	VA	Rural	3,867	42.2%	38.8%	0.0%	24.8%	14.0%
Colonial Heights City	VA	Metro	4,261	40.2%	39.3%	0.0%	29.2%	10.1%
Covington City	VA	Rural	1,996	45.7%	43.4%	0.0%	29.4%	14.1%
Craig	VA	Metro	1,270	47.3%	43.1%	0.0%	27.6%	15.5%
Culpeper	VA	Metro	10,607	36.6%	36.2%	0.0%	13.1%	23.2%

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Cumberland	VA	Rural	2,143	50.2%	48.4%	0.0%	24.5%	23.9%
Danville City	VA	Micro	11,606	60.4%	60.0%	0.0%	35.2%	24.8%
Dickenson	VA	Rural	4,361	76.5%	72.6%	0.3%	60.3%	11.9%
Dinwiddie	VA	Metro	5,475	49.4%	48.6%	0.0%	30.4%	18.2%
Emporia City	VA	Rural	1,202	63.9%	61.6%	0.9%	33.7%	27.0%
Essex	VA	Rural	3,131	45.3%	44.4%	0.7%	21.4%	22.3%
Fairfax	VA	Metro	151,273	38.7%	38.6%	0.0%	26.6%	12.0%
Fairfax City	VA	Metro	5,013	37.5%	36.8%	0.0%	23.1%	13.7%
Falls Church City	VA	Metro	2,346	34.1%	32.4%	0.0%	19.4%	13.0%
Fauquier	VA	Metro	13,363	31.4%	31.1%	0.0%	11.1%	19.9%
Floyd	VA	Metro	4,246	42.3%	41.7%	0.0%	27.0%	14.7%
Fluvanna	VA	Metro	6,788	34.2%	32.9%	0.0%	11.3%	21.6%
Franklin	VA	Metro	15,280	48.4%	48.0%	0.0%	32.8%	15.1%
Franklin City	VA	Rural	2,501	50.8%	49.3%	0.0%	33.9%	15.4%
Frederick	VA	Metro	19,119	36.8%	36.4%	0.0%	11.7%	24.7%
Fredericksburg City	VA	Metro	4,456	39.3%	38.3%	0.4%	20.6%	17.3%
Galax City	VA	Rural	2,426	39.7%	38.5%	0.5%	19.7%	18.3%
Giles	VA	Metro	4,395	45.1%	43.9%	0.8%	28.9%	14.3%
Gloucester	VA	Metro	9,857	37.5%	37.0%	0.2%	21.1%	15.7%
Goochland	VA	Metro	7,476	35.0%	34.3%	0.0%	18.4%	15.9%
Grayson	VA	Rural	4,382	44.7%	43.9%	0.3%	33.7%	10.0%
Greene	VA	Metro	4,552	36.1%	35.0%	0.0%	14.8%	20.2%
Greensville	VA	Rural	2,383	58.2%	57.3%	0.8%	28.0%	28.5%
Hampton City	VA	Metro	25,864	54.0%	53.4%	0.1%	37.9%	15.4%
Hanover	VA	Metro	24,459	39.6%	39.3%	0.2%	24.2%	14.9%
Harrisonburg City	VA	Metro	6,875	34.9%	34.3%	0.4%	22.0%	11.7%
Henrico	VA	Metro	61,288	45.3%	45.0%	0.2%	30.8%	13.9%
Henry	VA	Micro	13,046	59.0%	58.6%	0.0%	42.1%	16.5%
Highland	VA	Rural	888	30.1%	24.2%	0.0%	9.6%	14.6%
Hopewell City	VA	Metro	4,789	54.5%	53.6%	0.0%	40.1%	13.3%
Isle of Wight	VA	Metro	9,714	40.7%	40.2%	0.2%	26.3%	13.7%

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James City	VA	Metro	24,699	30.2%	30.0%	0.0%	15.6%	14.4%
King George	VA	Rural	4,401	34.4%	33.6%	0.3%	11.7%	21.6%
King William	VA	Metro	3,962	40.8%	40.3%	0.0%	19.3%	21.0%
King and Queen	VA	Metro	1,852	44.5%	42.3%	0.0%	19.6%	22.7%
Lancaster	VA	Rural	4,670	34.0%	33.4%	0.4%	13.3%	19.8%
Lee	VA	Rural	6,006	74.6%	69.5%	0.4%	63.1%	6.0%
Lexington City	VA	Rural	2,024	33.0%	31.0%	0.0%	17.1%	13.9%
Loudoun	VA	Metro	45,235	39.2%	39.1%	0.0%	23.5%	15.5%
Louisa	VA	Rural	9,464	42.6%	42.0%	0.0%	17.2%	24.8%
Lunenburg	VA	Rural	2,874	50.8%	49.4%	0.0%	30.2%	19.2%
Lynchburg City	VA	Metro	16,070	49.3%	48.4%	0.0%	33.1%	15.1%
Madison	VA	Rural	3,531	35.5%	34.7%	0.0%	9.8%	24.8%
Manassas City	VA	Metro	4,934	45.7%	45.3%	0.0%	26.3%	19.0%
Manassas Park City	VA	Metro	1,019	67.1%	63.0%	0.0%	42.1%	20.9%
Martinsville City	VA	Micro	5,125	57.4%	56.7%	0.0%	41.2%	15.6%
Mathews	VA	Metro	2,956	32.6%	31.3%	0.0%	16.3%	15.0%
Mecklenburg	VA	Rural	9,376	48.4%	47.9%	0.5%	25.2%	22.3%
Middlesex	VA	Rural	3,955	38.6%	37.7%	0.6%	18.4%	18.7%
Montgomery	VA	Metro	14,190	38.7%	38.1%	0.0%	25.2%	12.8%
Nelson	VA	Metro	5,112	35.1%	33.9%	0.0%	14.3%	19.5%
New Kent	VA	Metro	6,401	36.4%	35.7%	0.0%	20.4%	15.2%
Newport News City	VA	Metro	30,188	54.0%	53.4%	0.1%	39.1%	14.1%
Norfolk City	VA	Metro	34,495	55.0%	54.7%	0.1%	42.3%	12.2%
Northampton	VA	Rural	4,144	47.0%	45.6%	0.0%	29.7%	16.0%
Northumberland	VA	Rural	4,713	35.5%	34.4%	0.3%	14.8%	19.3%
Norton City	VA	Rural	1,105	68.8%	62.3%	0.0%	57.6%	4.7%
Nottoway	VA	Rural	3,598	48.2%	47.1%	1.0%	31.0%	15.1%
Orange	VA	Micro	10,124	37.5%	36.9%	0.1%	14.6%	22.1%
Page	VA	Rural	6,259	40.3%	39.9%	0.0%	20.1%	19.8%
Patrick	VA	Rural	5,400	49.4%	48.2%	0.6%	28.4%	19.2%
Petersburg City	VA	Metro	8,534	63.4%	62.8%	0.2%	48.6%	13.8%

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Pittsylvania	VA	Micro	15,364	54.3%	53.8%	0.4%	28.2%	25.2%
Poquoson City	VA	Metro	2,729	27.6%	25.9%	0.0%	14.8%	11.1%
Portsmouth City	VA	Metro	17,247	57.4%	57.1%	0.1%	45.2%	11.6%
Powhatan	VA	Metro	6,976	34.9%	34.2%	0.4%	18.0%	15.9%
Prince Edward	VA	Rural	5,022	49.4%	47.5%	0.4%	31.1%	16.0%
Prince George	VA	Metro	6,187	36.2%	35.7%	0.0%	20.2%	15.6%
Prince William	VA	Metro	55,818	43.0%	42.8%	0.0%	28.3%	14.4%
Pulaski	VA	Metro	8,484	50.5%	50.0%	0.4%	27.2%	22.3%
Radford City	VA	Metro	2,473	42.8%	41.5%	0.0%	27.9%	13.5%
Rappahannock	VA	Metro	1,990	30.6%	27.7%	0.0%	4.8%	22.9%
Richmond	VA	Rural	2,064	41.0%	39.2%	0.5%	19.0%	19.7%
Richmond City	VA	Metro	32,547	58.8%	58.4%	0.2%	44.9%	13.1%
Roanoke	VA	Metro	23,523	41.3%	40.8%	0.2%	26.8%	13.9%
Roanoke City	VA	Metro	20,222	57.0%	56.3%	0.2%	41.2%	14.7%
Rockbridge	VA	Rural	5,844	37.4%	36.7%	0.0%	21.3%	15.5%
Rockingham	VA	Metro	18,027	34.1%	33.8%	0.4%	16.9%	16.5%
Russell	VA	Rural	7,624	68.4%	66.0%	0.5%	52.0%	13.6%
Salem City	VA	Metro	6,637	41.4%	40.4%	0.0%	29.0%	11.4%
Scott	VA	Metro	6,401	74.4%	72.3%	0.0%	65.6%	6.7%
Shenandoah	VA	Rural	11,181	38.5%	38.1%	0.0%	16.5%	21.6%
Smyth	VA	Rural	8,066	56.6%	55.7%	0.2%	50.7%	4.6%
South Boston City	VA	Rural	9,556	46.0%	45.7%	0.6%	22.2%	22.8%
Southampton	VA	Rural	3,902	43.8%	43.2%	0.6%	23.3%	19.2%
Spotsylvania	VA	Metro	24,389	40.7%	40.5%	0.3%	13.3%	26.9%
Stafford	VA	Metro	20,614	35.3%	34.9%	0.3%	13.7%	21.0%
Staunton City	VA	Metro	7,145	37.8%	37.1%	0.0%	21.0%	16.1%
Suffolk City	VA	Metro	18,967	45.6%	45.2%	0.0%	32.8%	12.3%
Surry	VA	Metro	1,819	48.4%	46.3%	0.0%	29.4%	16.9%
Sussex	VA	Metro	2,480	53.5%	53.1%	0.0%	30.5%	22.6%
Tazewell	VA	Micro	11,088	61.3%	58.3%	0.5%	44.9%	13.0%
Virginia Beach City	VA	Metro	80,243	38.9%	38.6%	0.1%	26.4%	12.1%

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Warren	VA	Metro	8,940	40.1%	39.8%	0.0%	12.3%	27.5%
Washington	VA	Metro	15,137	57.7%	56.9%	0.4%	49.0%	7.4%
Waynesboro City	VA	Metro	5,828	40.3%	39.5%	0.0%	24.1%	15.4%
Westmoreland	VA	Rural	5,381	39.1%	38.4%	0.4%	15.8%	22.2%
Williamsburg City	VA	Metro	2,155	35.1%	32.9%	0.0%	17.9%	15.0%
Winchester City	VA	Metro	5,434	37.5%	36.1%	0.0%	16.0%	20.1%
Wise	VA	Rural	10,099	73.0%	67.7%	0.2%	60.8%	6.6%
Wythe	VA	Rural	8,100	54.7%	54.0%	0.3%	43.0%	10.7%
York	VA	Metro	12,989	31.3%	30.8%	0.0%	17.7%	13.1%
Total***	VA		1,575,871	43.8%	43.2%	0.1%	27.6%	15.4%

*Excludes enrollment in any county/plan if the plan enrolls 10 or fewer beneficiaries in that county (restrictions on data released by CMS).
**Counties are classified using Urban Influence Codes: Metropolitan (UIC: 1,4), Micropolitan (UIC: 2,5,7), and Rural (UIC: 3,6,8,9). In general, metropolitan counties include those with an urban area of 50,000 or more people. Micropolitan counties include an urban area with at least 10,000 and fewer than 50,000 people. Rural counties have no urban areas with 10,000 people. Metropolitan and micropolitan areas also include outlying counties that are economically tied to the central counties as measured by labor force commuting.
***State totals do not include persons with pending county designations.
Source of Data: Centers for Medicare and Medicaid Services (CMS) data, as of March 2026.
Compiled by the Rural Policy Research Institute (RUPRI) https://ruprihealth.org