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## Iowa Medicare Advantage Enrollment Has Grown Significantly

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The number of persons enrolled in Medicare Advantage (MA) and prepaid plans in Iowa almost doubled between December 2005 and September 2007, from almost 28,800 to over 56,100 persons (Table 1). However, the enrollment in MA and prepaid plans represents about 11% of Iowa Medicare beneficiaries, trailing the national enrollment rate of 20%.

Growth in the MA program in Iowa was more significant among persons living in rural areas, where rural enrollment more than doubled, from about 7,000 persons to over 19,000 persons (7% of rural Medicare beneficiaries in Iowa) between December 2005 and September 2007.

**Table 1. Enrollment in Medicare Advantage and Prepaid Plans in Iowa, 2005-2007**

Location	Number of Enrollees		Percent of Medicare Population	
	Dec. 2005	Sept. 2007	Dec. 2005	Sept. 2007
<b>All Medicare Advantage and Prepaid Plans:</b>				
Total	28,802	56,116	5.7%	11.2%
Rural	7,174	19,197	2.7%	7.2%
<b>PFFS Plans:</b>				
Total	10,125	32,663	2.0%	6.5%
Rural	3,284	13,937	1.2%	5.2%

Source: RUPRI Center for Rural Health Policy Analysis, based on Centers for Medicare and Medicaid Services data, as of September 2007.

Note: PFFS = private fee-for-service.

### Growth Most Significant in Private Fee-for-Service Plans

The increase in MA enrollment in Iowa has been led by rapid growth in private fee-for-service (PFFS) plans. While in December 2005 there were only about 10,000 enrollees in PFFS plans statewide, enrollment in PFFS plans jumped to about 32,700 in September 2007 (Table 1). Less than half of the PFFS enrollees in Iowa were in rural areas.

### Medicare Advantage Plans Described

MA plans are private-sector plans that contract with Medicare to provide all Medicare-related services, plus additional benefits (e.g., prescription drugs, vision care, preventive care), sometimes at an additional cost to beneficiaries. Prepaid plans are special plans created over the years by legislation and comprise mostly “cost” plans. PFFS plans, created by legislation in 1997, are private MA plans that contract with Medicare like other MA plans, but for the most part do not operate networks of providers, such as health maintenance organizations (HMOs) operate. Instead, PFFS plans pay providers on a fee-for-service basis after receiving payment from Medicare.

### Conclusion and Implications

MA plans have spread to more areas and enrolled a higher number of beneficiaries due to a number of factors, including significant growth in payment to MA plans. PFFS plans have gained a strong foothold in rural areas because the differential between the MA Medicare payment and traditional Medicare payment is large, and because it is less difficult to set up a PFFS plan than other types of MA plans (e.g., HMOs). Thus, there are strong incentives for PFFS plans to seek rural enrollment. While it is too early to gauge the full impact of MA plans, these plans give more options to Medicare recipients and lower out-of-pocket costs. On the other hand, providers have had to make significant adjustments in timing and collection practices to deal with these new Medicare program payers. The U.S. Congress is now wrestling with how to pay for the rapid growth in MA plans, especially PFFS plans.

### Contact and Further Information

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For more information on national MA enrollment figures, see policy briefs and tables posted on the RUPRI Center Web site at <http://www.unmc.edu/ruprihealth>.