

# RUPRI Center for Rural Health Policy Analysis

November 2007

[www.unmc.edu/ruprihealth](http://www.unmc.edu/ruprihealth)

## Washington Medicare Advantage Enrollment Has Grown

by Timothy McBride, Yolonda Lahren, and Steven Meyer

The number of persons enrolled in Medicare Advantage (MA) and prepaid plans in Washington increased about 30% between December 2005 and September 2007, from over 129,300 to about 171,200 persons (Table 1). The enrollment in MA plans represents 20.1% of Washington Medicare beneficiaries, roughly equivalent to the national enrollment rate of 20%.

Growth in the MA program in Washington was more significant among persons living in rural areas, where enrollment grew more than 60%, from about 9,000 persons to over 15,500 persons between December 2005 and September 2007.

**Table 1. Enrollment in Medicare Advantage and Prepaid Plans in Washington, 2005-2007**

| Location   | Number of Enrollees |            | Percent of Medicare Population |            |
|--|---------------------|------------|--------------------------------|------------|
|  | Dec. 2005           | Sept. 2007 | Dec. 2005                      | Sept. 2007 |
| <b>All Medicare Advantage and Prepaid Plans:</b> |                     |            |                                |            |
| Total  | 129,364             | 171,232    | 15.2%                          | 20.1%      |
| Rural  | 9,050               | 15,556     | 6.3%                           | 10.8%      |
| <b>PFFS Plans:</b>                               |                     |            |                                |            |
| Total  | 8,829               | 39,320     | 1.0%                           | 4.6%       |
| Rural  | 2,302               | 9,184      | 1.6%                           | 6.4%       |

Source: RUPRI Center for Rural Health Policy Analysis, based on Centers for Medicare and Medicaid Services data, as of September 2007.

Note: PFFS = private fee-for-service.

### Growth Most Significant in Private Fee-for-Service Plans

The increase in MA enrollment in Washington has been led by rapid growth in private fee-for-service (PFFS) plans. While in December 2005 there were only about 8,800 enrollees in PFFS plans statewide, enrollment in PFFS plans jumped to over 39,300 in September 2007 (Table 1). About one-third of the PFFS enrollees were in rural areas in Washington. In contrast, the number of enrollees in health maintenance organization (HMO) and point of service plans increased only about 1% in the same period, and over 12,600 persons were enrolled in local preferred provider organization plans by September 2007.

### Medicare Advantage Plans Described

MA plans are private-sector plans that contract with Medicare to provide all Medicare-related services, plus additional benefits (e.g., prescription drugs, vision care, preventive care), sometimes at an additional cost to beneficiaries. Prepaid plans are special plans created over the years by legislation and comprise mostly “cost” plans. PFFS plans, created by legislation in 1997, are private MA plans that contract with Medicare like other MA plans, but for the most part do not operate networks of providers, such as HMOs operate. Instead, PFFS plans pay providers on a fee-for-service basis after receiving payment from Medicare.

### Conclusion and Implications

MA plans have spread to more areas and enrolled a higher number of beneficiaries due to a number of factors, including significant growth in payment to MA plans. PFFS plans have gained a strong foothold in rural areas because the differential between the MA Medicare payment and traditional Medicare payment is large, and because it is less difficult to set up a PFFS plan than other types of MA plans (e.g., HMOs). Thus, there are strong incentives for PFFS plans to seek rural enrollment. While it is too early to gauge the full impact of MA plans, these plans give more options to Medicare recipients and lower out-of-pocket costs. On the other hand, providers have had to make significant adjustments in timing and collection practices to deal with these new Medicare program payers. The U.S. Congress is now wrestling with how to pay for the rapid growth in MA plans, especially PFFS plans.

### Contact and Further Information

For further information, please contact Timothy D. McBride, Ph.D., RUPRI Center for Rural Health Policy Analysis, (314) 977-4094 or [mcbridet@slu.edu](mailto:mcbridet@slu.edu).

For more information on national MA enrollment figures, see policy briefs and tables posted on the RUPRI Center Web site at <http://www.unmc.edu/ruprihealth>.